Expert Insights: Mastering the Recipe Builder for Blenderized Tube Feeding (BTF)

Test Questions

- 1. What are some of the benefits of BTF addressed during the presentation?
 - a. Improved gastrointestinal tolerance
 - b. Increased caregiver stress
 - c. Natural composition of foods
 - d. Both A and C
- 2. What potential risk/s are associated with BTF?
 - a. Microbial contamination
 - b. Growth/weight concerns
 - c. Improved physiological outcomes
 - d. Both A and B
- 3. True or False: BTF can be used as sole source of nutrition for children less than 12 months old?
 - a. True
 - b. False
- 4. True or False: The Recipe Builder tool is designed to help individualize recipes based on nutritional requirements and dietary restrictions?
 - a. True
 - b. False
- 5. What year was the first web-based tool for creating homemade BTF recipes for adults introduced?
 - a. 2012
 - b. 2020
 - c. 2024
 - d. 2018
- 6. What is the recommeded hang time for prepared BTF in a home setting?
 - a. 1-12 hours
 - b. 4-6 hour
 - c. 2 hours or less
 - d. 8-12 hours

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