WHAT IS PROTEIN?

Proteins are naturally occurring substances in living organisms. They are composed of one or more long chains of amino acids joined together to make peptides.

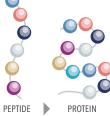
BLOCKS OF OUR BODY:

• Essential for healthy growth & development

• Important for structural components of body tissues

• Influence major functions of the body







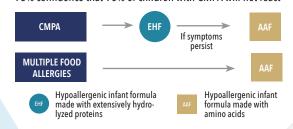
Milks have been adapted from one species to feed another since the 1800's.

Proteins in infant feeding have evolved for centuries. Formulas continue to evolve to be more like breastmilk, and to meet the needs of specific populations, like infants with cow's milk protein allergy (CMPA) who need a hypoallergenic formula.

GUIDELINES FOR MANAGING CMPA

HOW HAVE PROTEINS EVOLVED?

The AAP requires hypoallergenic formulas to be shown with 95% confidence that 90% of children with CMPA will not react



Check out minute 25:20 & 35:40 of the podcast to learn more

PROTEINS ARE THE MAIN BUILDING

• Regulate metabolic and immune pathways



Check out 6:00 of the podcast to learn more

PODCAST **LEARN** MORE!



BREAKING DOWN

PROTEIN IN PEDIATRIC

FOOD ALLERGY

INTERVIEW WITH THE **EXPERTS**

WHAT IS THE IMPORTANCE **OF PROTEIN QUALITY?**





with hydrolysis





allergic reaction



For babies

with CMPA

For a protein to be considered high-quality, the body

needs to be able to break it down, digest it, and absorb its amino acids in the right amounts to support healthy growth, body composition & functions.

PROTEIN QUALITY DEPENDS ON: DIGESTIBILITY OF PROTEINS IS AFFECTED BY:

- Amino acid composition
- Digestibility
- Effective Utilization
- Size
- Structure
- Solubility









CONTENT mg of essential aa/gram protein

Check out 9:00 & 12:45 of the podcast to learn more

EXTENSIVELY HYDROLYZED WHEY PROTEIN:

residual proteins

- · High quality protein, rich in essential and branchedchain amino acids
- · Easy to digest
- Supports growth & tolerance
- Palatable, less bitter than hydrolyzed casein
- Hypoallergenic

Processing, like homogenization and hydrolysis and heat, can change the structure and allergenicity of proteins by destroying epitopes, antigens recognized by the immune system, and decreasing allergenicity.

BREAKING DOWN PROTEINS IN HYPOALLERGENIC FORMULA





conformational epitopes





into smaller fragments

by destroying

sequential epitopes



ALLERGENICITY BE REDUCED?



HOW CAN PROTEIN

removes larger peptides, proteins and residual allergenic enzymes

REGULAR CONSUMPTION

MECHANISM OF THE MILK LADDER A METHOD TO INDUCE TOLERANCE



BAKING (with varying degrees of heat) alters the structure of milk allergens. reducing allergenicity because of the destruction of conformational epitopes



GRADUAL INTRODUCTION of denatured epitopes of baked milk proteins in foods promotes the production of the antibody helpful in promoting tolerance to cow's milk proteins



of baked milk products can decrease IgE levels and may help induce tolerance of milk proteins as the degree of allergenicity increases in the diet

Check out 43:15 & 57:25 of the podcast to learn more

