

Managing Today's Home Tube Fed Patient: Optimizing Delivery and Tolerance

Test Questions

1. What are common challenges that contribute to tube feeding intolerance in the home? **Circle all that apply.**
 - a. Constipation
 - b. Diarrhea
 - c. Feeding tube displacement
 - d. Stoma site complications
2. What steps can be taken to reduce the risk of feeding tube leakage? **Circle all that apply.**
 - a. Adequate inflation of the internal balloon
 - b. Proper placement of the internal bolster
 - c. Proper placement of the external bolster
 - d. Use one size up when placing a low-profile device
3. What factors should be followed to avoid a clogged feeding tube? **Circle all that apply.**
 - a. Administer all medications at once then flush the feeding tube with 15 mL of water for an adult
 - b. Flush feeding tube before and after each feeding with at least 30 mL of water for an adult
 - c. Flush feeding tube after each medication
 - d. When receiving a homemade blenderized feeding, blend food for adequate time with high quality blender
4. Which statement is true about using a syringe to bolus feed?
 - a. Can mimic mealtime
 - b. Hands free method of delivery
 - c. May interfere with active homecare patient lifestyle
 - d. Provides a precise infusion rate
5. What are reasons a patient or caregiver consider a blenderized tube feeding at home? **Circle all that apply.**
 - a. Avoid food allergens
 - b. Desire for whole foods, organic ingredients
 - c. Easy to calculate nutritional profile
 - d. Requires the least amount of time to prepare
6. What online tool helps to simplify the development of blenderized tube feeding recipes and provides nutrition information?
 - a. The Blenderized Tube Feeding Made Easy
 - b. The Blenderized Tube Feeding Calculator
 - c. The Blenderized Tube Feeding Genie
 - d. The Blenderized Tube Feeding Recipe Builder

Managing Today's Home Tube Fed Patient: Optimizing Delivery and Tolerance

Test Answers

1. What are common challenges that contribute to tube feeding intolerance in the home? **Circle all that apply.**
 - a. Constipation
 - b. Diarrhea
 - c. Feeding tube displacement
 - d. Stoma site complications
2. What steps can be taken to reduce the risk of feeding tube leakage? **Circle all that apply.**
 - a. Adequate inflation of the internal balloon
 - b. Proper placement of the internal bolster
 - c. Proper placement of the external bolster
 - d. Use one size up when placing a low-profile device
3. What factors should be followed to avoid a clogged feeding tube? **Circle all that apply.**
 - a. Administer all medications at once then flush the feeding tube with 15 mL of water for an adult
 - b. Flush feeding tube before and after each feeding with at least 30 mL of water for an adult
 - c. Flush feeding tube after each medication
 - d. When receiving a homemade blenderized feeding, blend food for adequate time with high quality blender
4. Which statement is true about using a syringe to bolus feed?
 - a. Can mimic mealtime
 - b. Hands free method of delivery
 - c. May interfere with active homecare patient lifestyle
 - d. Provides a precise infusion rate
5. What are reasons a patient or caregiver consider a blenderized tube feeding at home? **Circle all that apply.**
 - a. Avoid food allergens
 - b. Desire for whole foods, organic ingredients
 - c. Easy to calculate nutritional profile
 - d. Requires the least amount of time to prepare
6. What online tool helps to simplify the development of blenderized tube feeding recipes and provides nutrition information?
 - a. The Blenderized Tube Feeding Made Easy
 - b. The Blenderized Tube Feeding Calculator
 - c. The Blenderized Tube Feeding Genie
 - d. The Blenderized Tube Feeding Recipe Builder