



# MEDICAL NUTRITION: *At-a-Glance* CHART

## HIGH CALORIE

### BOOST PLUS®

360 Calories  
14 g Protein  
26 Vitamins &  
Minerals



**Helps Gain or Maintain Weight**

Delicious nutritional drink providing 360 calories (1.5 kcal/mL) with 14 g protein to help gain or maintain weight.

- Very Vanilla
- Rich Chocolate
- Creamy Strawberry

## HIGH PROTEIN

### BOOST® VERY HIGH CALORIE

530 Calories  
22 g Protein  
26 Vitamins &  
Minerals



**Helps Gain or Maintain Weight**

Calorically-dense nutritional drink with 530 calories (2.24 kcal/mL) & 22 g protein to help gain or maintain weight.

- Very Vanilla

### BOOST® HIGH PROTEIN

240 Calories  
20 g Protein  
27 Vitamins &  
Minerals



**Helps Maintain Muscle with 20 g Protein**

Great-tasting high-protein nutritional drink with 240 calories & 20 g protein to help maintain muscle.

- Very Vanilla

## DIABETES NUTRITION

### BOOST GLUCOSE CONTROL®

250 Calories  
14 g Protein  
23 g Carbs  
6 g Sugars



**Helps Manage Blood Sugar\* as Part of a Balanced Diet**

\*Nutritional drink clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes.

- Very Vanilla
- Rich Chocolate
- Creamy Strawberry

## CLEAR LIQUID NUTRITION

### BOOST® SOOTHE

300 Calories  
10 g Protein  
0 g Fat  
0 Vitamins &  
Minerals



**Clear Liquid Nutrition with a Cooling Effect**

Clear, mild-flavored nutritional drink designed to provide a cooling effect with 300 calories & 10 g protein to help gain or maintain weight.

- Hint of Peach-Mint
- Hint of Strawberry-Kiwi

### BOOST BREEZE®

250 Calories  
9 g Protein  
0 g Fat  
19 Vitamins &  
Minerals



**Fortified Clear Liquid Nutrition**

Clear, fruit-flavored nutritional drink with 250 calories, 9 g protein and 19 vitamins & minerals to help fill nutritional gaps.

- Orange
- Peach
- Wild Berry
- Variety Pack

## EVERYDAY NUTRITION

### BOOST® ORIGINAL

240 Calories  
10 g Protein  
27 Vitamins &  
Minerals



**Helps Fill Nutritional Gaps**

Great-tasting nutritional drink with 240 calories, 10 g protein and 27 vitamins to help fill nutritional gaps.

- Very Vanilla
- Rich Chocolate
- Creamy Strawberry

### BOOST® NUTRITIONAL PUDDING

230 Calories  
7 g Protein  
24 Vitamins &  
Minerals








**Helps Fill Nutritional Gaps**

Creamy pudding provides texture variety with 230 calories & 7 g protein to help meet nutrition needs when soft foods are preferred.

- Vanilla
- Chocolate

# A FAMILY OF NUTRITION SOLUTIONS TO HELP MEET YOUR PATIENTS' NUTRITIONAL NEEDS

Nutritional Information Per Featured Flavor		 <b>BOOST® VERY HIGH CALORIE</b>	 <b>BOOST PLUS®</b>	 <b>BOOST® SOOTHE</b>	 <b>BOOST BREEZE®</b>	 <b>BOOST GLUCOSE CONTROL®</b>	 <b>BOOST® HIGH PROTEIN</b>	 <b>BOOST® ORIGINAL</b>	 <b>BOOST® NUTRITIONAL PUDDING</b>
Calories	kcal	530	360	300	250	250	240	240	230
Calories per mL		2.24	1.5	1.26	1.06	1.06	1.0	1.0	1.6
Protein	g	22	14	10	9	14	20	10	7
Total Carbohydrate	g	52	45	65	54	23	28	41	32
Dietary Fiber	g	0	1	0	0	3	0	1	0
Total Sugars	g	13	22	15	34	6	15	20	14
Total Fat	g	26	14	0	0	12	6	4	8
Sodium	mg	280	190	0	70	250	220	150	115
Potassium	mg	420	360	0	0	300	450	470	250
Total Vitamins & Minerals	#	26	26	0	19	25	27	27	24
Serving Size		237 mL	237 mL	237 mL	237 mL	237 mL	237 mL	237 mL	5 oz cup
No Artificial Sweeteners		✓	✓	✓	✓		✓	✓	✓
No Artificial Colors		✓	✓	✓	✓ <sup>†</sup>	✓	✓	✓	✓
Gluten Free		✓	✓	✓	✓	✓	✓	✓	✓
Suitable for Lactose Intolerance*		✓	✓	✓	✓	✓	✓	✓	✓

\*Not for individuals with galactosemia.  
<sup>†</sup>Colors from natural sources.

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