

# Carnation Breakfast Essentials® Nutritional Drink Rich Milk Chocolate

## Key Benefits

- Delicious nutritional drink packed with 240 nutrient-rich calories per 8 fl oz serving
- 10 g protein to support growth, and help build and maintain muscle
- 21 vitamins and minerals, including calcium and vitamin D to help build strong bones
- Excellent source of vitamins C and D, key nutrients for immune support
- Great at home or on-the-go, for breakfast or between meals

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

## Nutritional Features

	Carnation Breakfast Essentials® Nutritional Drink Rich Milk Chocolate
kcal/mL	1.0
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 60% Fat 23%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	7
Calcium (mEq)	15
Potassium (mEq)	15
Chloride (mEq)	8
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	530
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

- Milk Protein Concentrate
- Soy Protein Isolate

### Fat Source

- Canola Oil

### Carbohydrate Source

- Glucose Syrup
- Sugar

### Fiber Source

## Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- Supplemental nutrition

Important Notes: NOT FOR PARENTERAL USE. Nutritionally appropriate for ages 4 years and older, including teens and adults.

## Allergens

By Nature:  
Milk, Soy

## Nutrition Facts

1 Serving Per Container		237mL	
Serving Size		237mL	
Amount Per Serving			
Calories		240	
		% Daily Value*	
<b>Total Fat 6g</b>		<b>8%</b>	
Saturated Fat 1g		5%	
Trans Fat 0g		0	
<b>Cholesterol 10mg</b>		<b>3%</b>	
<b>Sodium 160mg</b>		<b>7%</b>	
<b>Total Carbohydrate 36g</b>		<b>13%</b>	
Dietary Fiber 0g		0%	
Total Sugars 11g			
Includes 11g of Added Sugars		22%	
<b>Protein 10g</b>		<b>20%</b>	
Vitamin D 10mcg	50%	• Calcium 300mg	25%
Iron 3.6mg	20%	• Potassium 580mg	10%
Vitamin A 180mcg	20%	• Vitamin C 90mg	100%
Vitamin E 5mg	35%	• Vitamin K 40mcg	35%
Thiamin 0.3mg	25%	• Riboflavin 0.5mcg	40%
Niacin 3.2mg	20%	• Vitamin B6 0.4mg	25%
Folate 140mcg DFE (84mcg Folic Acid)	35%	• Vitamin B12 1.1mcg	45%
Biotin 8mcg	25%	• Pantothenic Acid 1.2mg	25%
Phosphorus 300mg	25%	• Iodine 37mcg	25%
Magnesium 100mg	25%	• Zinc 2.2mg	20%
Selenium 8mcg	15%	• Copper 0.3mg	35%
Manganese 0.6mg	15%	• Chromium 14mcg	40%
Molybdenum 7mcg	15%	• Chloride 300mg	15%
Choline 60mg	10%	• Water mL	

\* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten-free
- Kosher

Important Notes:



## Ingredients

WATER, GLUCOSE SYRUP, MILK PROTEIN CONCENTRATE, SUGAR, CANOLA OIL, AND LESS THAN 2% OF COCOA PROCESSED WITH ALKALI, VITAMINS AND MINERALS‡; SOY PROTEIN ISOLATE, CELLULOSE GEL AND GUM, SALT, STEVIA LEAF EXTRACT, CARRAGEENAN, NATURAL FLAVOR

‡VITAMINS AND MINERALS: POTASSIUM CITRATE, MAGNESIUM PHOSPHATE, POTASSIUM CHLORIDE, SODIUM ASCORBATE, CALCIUM CARBONATE, CHOLINE BITARTRATE, CALCIUM PHOSPHATE, ASCORBIC ACID, DL-ALPHA TOCOPHERYL ACETATE, FERRIC PYROPHOSPHATE, NIACINAMIDE, ZINC SULFATE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE, COPPER SULFATE, VITAMIN A PALMITATE, FOLIC ACID, POTASSIUM IODIDE, VITAMIN K1, SODIUM MOLYBDATE, BIOTIN, CHROMIUM CHLORIDE, VITAMIN D3, SODIUM SELENITE, VITAMIN B12

## DRI

### Coverage

## Product Codes

	Carnation Breakfast Essentials® Nutritional Drink Rich Milk Chocolate 4 x 6 x 8 fl oz	Carnation Breakfast Essentials® Nutritional Drink Rich Milk Chocolate 1 x 12 x 8 fl oz	Carnation Breakfast Essentials® Nutritional Drink Rich Milk Chocolate 1 x 24 x 8 fl oz
HCPCS Code	B4150/B4160	B4150/B4160	B4150/B4160
NDC-Format Number			
Case UPC	00050000415182	00050000249916	00050000436200
Each UPC	00050000415168	00050000415168	00050000415168
Product Code	12458828	12458846	12458848