

# Boost® VHC Very High Calorie Nutritional Drink Very Vanilla

## Key Benefits

- The highest calorie BOOST® nutritional drink providing 2.24 kcal/mL with 530 Calories per 8 fl oz serving
- Combines high calories with 22 g high-quality protein to help gain or maintain weight
- 26 vitamins and minerals including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Suitable as a high calorie, high protein snack or with a meal

*Notes & Disclaimers for Key Benefits (Healthcare Professionals)*

## Nutritional Features

	Boost® VHC Very High Calorie Nutritional Drink Very Vanilla
kcal/mL	2.24
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 39% Fat 44%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	12
Calcium (mEq)	13
Potassium (mEq)	11
Chloride (mEq)	8
NPC:N Ratio	126:1
MCT:LCT Ratio	
n6:n3 Ratio	2.5:1
Free Water (%)	67
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	950
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

- Acid Casein (Milk)
- Soy Protein Isolate

### Fat Source

- Canola Oil

### Carbohydrate Source

- Glucose Syrup
- Sugar

### Fiber Source

## Nutritional Applications

- Inadequate oral intake
- Increased energy needs
- Weight gain or maintenance
- Fluid restriction
- Volume sensitivity
- Malnutrition

*Important Notes: NOT FOR PARENTERAL USE.*

## Allergens

By Nature:  
Milk, Soy

## Nutrition Facts

1 Serving Per Container	
Serving Size	237mL
Amount Per Serving	
Calories	530
% Daily Value*	
<b>Total Fat 26g</b>	<b>33%</b>
Saturated Fat 2g	10%
Trans Fat 0g	0
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 280mg</b>	<b>12%</b>
<b>Total Carbohydrate 52g</b>	<b>19%</b>
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 13g of Added Sugars	26%
<b>Protein 22g</b>	<b>44%</b>
Vitamin D 12mcg	60%
Iron 6.3mg	35%
Vitamin A 520mcg	60%
Vitamin E 7.5mg	50%
Thiamin 0.6mg	60%
Niacin 8mg	50%
Folate 200mcg DFE (120mcg Folic Acid)	50%
Biotin 15mcg	50%
Phosphorus 250mg	20%
Magnesium 80mg	20%
Selenium 28mcg	50%
Manganese 1.1mg	50%
Molybdenum 23mcg	50%
Choline 110mg	20%
Calcium 250mg	20%
Potassium 420mg	8%
Vitamin C 60mg	70%
Vitamin K 60mcg	50%
Riboflavin 0.6mcg	45%
Vitamin B6 0.8mg	45%
Vitamin B12 1.2mcg	50%
Pantothenic Acid 2.5mg	50%
Iodine 60mcg	40%
Zinc 5.5mg	50%
Copper 0.45mg	50%
Chromium 18mcg	50%
Chloride 300mg	15%
Water 159mL	

\* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Suitable Diets

- Suitable for lactose intolerance.
- Not for individuals with galactosemia.
- Gluten Free
- Kosher
- Fluid Restricted

Important Notes:



## Ingredients

WATER, GLUCOSE SYRUP, CANOLA OIL, ACID CASEIN (FROM MILK), SOY PROTEIN ISOLATE, AND LESS THAN 2% OF SUGAR, VITAMINS AND MINERALS\*, SOY LECITHIN, SALT, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, TAURINE, CARRAGEENAN

\*VITAMINS AND MINERALS: POTASSIUM CITRATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, SODIUM ASCORBATE, SODIUM PHOSPHATE, POTASSIUM PHOSPHATE, SODIUM CITRATE, CHOLINE CHLORIDE, MAGNESIUM OXIDE, FERROUS SULFATE, ZINC SULFATE, NIACINAMIDE, DL-ALPHA TOCOPHERYL ACETATE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, VITAMIN A PALMITATE, COPPER SULFATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM CHLORIDE, VITAMIN K1, BIOTIN, VITAMIN D3, SODIUM MOLYBDATE, VITAMIN B12

## DRI

### Coverage

Meets or exceeds 100% DRI for N/A key vitamins and minerals: 1 - 8 years old, N/A mL  
 Meets or exceeds 100% DRI for 6 key vitamins and minerals: 9 - 13 years old, 237 mL  
 Meets or exceeds 100% DRI for 17 key vitamins and minerals: Adult (+14 years old), 474 mL

## Product Codes

	Boost® VHC Very High Calorie Nutritional Drink Very Vanilla 24 x 237 mL
HCPCS Code	B4152
NDC-Format Number	43900-0182-15
Case UPC	00043900894348
Each UPC	00043900182155
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